

## **WarriorU Disclaimer**

### **Mentor, Mentee relationship**

WarriorU Mentors adhere to a strict code of conduct pertaining to the information and advice that they pass on to you, the mentee. The Mentee recognizes that the purpose of providing mentoring is to help the mentee with their decision-making process and not to provide specific guidance or advice on decisions that the mentee may take.

The Mentor is not responsible for the accuracy or completeness of any information provided to the Mentee. The Mentee is advised to research widely and ensure they have suitable independent professional advice before acting on any information, suggestion, or guidance given by the Mentor.

The Mentor will not, in any circumstance, be liable to the Mentee or to any third party for any loss, damage, cost or other liability which occurs as a result of, or in connection with providing mentoring services to the Mentee. Any liability which results from fraud, or from death or personal injury caused by negligence may be excluded.

### **Physical training**

WarriorU seeks to help you realise your potential through a tailored physical training program and general advice for how to prepare for the enlistment and recruiting process. While the company will endeavor to consider your well-being and safety, it is also incumbent on the individual to be responsible for his or her own welfare.

WarriorU strongly recommends that you consult with your doctor before beginning any exercise program. You should be in good physical condition and be able to participate in the exercises.

WarriorU is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining, or treating medical conditions of any kind, or in determining the effect of any specific exercise on a medical condition.

You should understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If you engage in this exercise or exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and discharge WarriorU from any and all claims or causes of action, known or unknown, arising out of WarriorU negligence.

Furthermore, you understand that if you suffer from any physical condition you are required to have Medical Clearance and provide WarriorU with a GP's Consent Form: WarriorU in its sole discretion may deem the training program to present an unreasonable risk to your health, were you to participate in the program and we reserve the right to refuse your membership. In consideration of being allowed to participate in the training program, you do hereby waive, release and forever discharge WarriorU from any and all responsibility or liability for injuries or damages resulting from your participation in any activities or your use of equipment during any organized training activity or camp organized by WarriorU. You

understand and are aware that strength, flexibility and aerobic exercise, including the use of equipment, in the outdoors, are potentially hazardous activities. You understand that you are voluntarily participating in these activities and using equipment with the knowledge of the dangers involved. You hereby agree to expressly assume and accept all and any risks of injury or death. You understand it is your responsibility to inform WarriorU, of any past or present physical conditions that may inhibit you or prevent you from doing certain exercises. You have the right to terminate a particular exercise or workout at any time that you wish.

You are in control of your workouts. If an exercise is uncomfortable or painful, or if you want to stop for any reason, you may do so. If a particular exercise is painful for you to do or you have an injury or other limitation that makes it difficult for you to do, you are aware that you have the right to request advice from a WarriorU mentor, at any time, in relation to the activities and exercise being undertaken. If you choose not to take advice, or to disregard any advice so given, you do so voluntarily and accept liability.

### **Online presence**

WarriorU will take all necessary precautions to keep your online profile and personal data safe and secure. You also have a requirement to ensure that you manage your online presence and set your own privacy settings to a level that you are comfortable with. Conversations taking place on WarriorU discussion boards may be monitored to ensure that all participants are conversing in a polite and constructive manner – any person breaching the online chat rules will be ejected from the site with no refund.