

PLATS

ANTHONY PLATER

CAREER STATS:

TIME IN ARMY - 27 YEARS

CORP - INFANTRY

CAREER - SPECIAL FORCES

RANK ACHIEVED - WARRANT OFFICER 2

SPECIALTY SKILLS:

ANTHONY PROGRESSED THROUGH THE RANKS WITHIN THE SPECIAL FORCES, HOLDING SUPERVISOR QUALIFICATIONS WITHIN CLOSE QUARTER COMBAT, DEMOLITIONS AND MILITARY ROPING. ANTHONY IS ALSO A LEVEL 1 CROSSFIT COACH, AND IS CURRENTLY STUDYING LEVEL III AND IV IN FITNESS.

WHAT I ENJOY MOST ABOUT BEING A MENTOR

MENTORING OTHERS HAS ALWAYS BEEN AN INTEREST TO ME, WHETHER IT BE IN A WORK CAPACITY MENTORING THROUGH CAREER GOALS, OR IN A FITNESS CAPACITY. MENTORING OTHERS TO HIT THERE GAOLS GIVES ME GREAT ENJOYMENT AND SATISFACTION.